

### ABORIGINAL COURT WORKER PROGRAM

Meadow Lake 306-236-7528

### ABORIGINAL HEALTH SERVICES

- Kanaweymik 1-888-445-5262 Child & Family Services, Anger Management Program.
- BTC Indian Health 937-6700
- BTC Health Services Corp 445-4149; Head Start, Dental, Daycare, Addictions, Community Health.

### ADDICTIONS

- [www.abusehelplines.org](http://www.abusehelplines.org)
- Alcoholics' Anonymous 24 hour hotline

To find out when and where meetings are held: 1-780-875-3571; 1-877-463-3537; 845-2024; 845-2433.

- Al-Anon 780-875-7937 24 hr hotline  
845-2433
- Al-Ateen 780-875-7937
- Battlefords Addiction Services (Drug, Alcohol & Gambling) Hopeview 90 day in-patient facility. 306-446-6440, fax: 306 446 7343
- Prairie North Health Region Addiction Services. Counseling for addictions or family member: 306-893-2622 ext 7868
- Robert Simard Centre for Addiction Services. Drug, Alcohol or Gambling (help for them and their families): 306-236-1540, fax: 306-236-4409.
- Walter A "Slim" Thorpe Recovery Centre (Lloydminster). Counseling, assessment & referral: 780-872-0505, fax: 780-872-0406.

### AQUIRED BRAIN INJURY OUTREACH

- Saskatoon 306-655-8433
- LABIS Lloydminster 306-825-7212
- Health Website: [www.health.gov.sk.ca/ABI](http://www.health.gov.sk.ca/ABI)

### BIG BROTHERS & BIG SISTERS

- North Battleford 306-445-0002
- Lloydminster 780-875-3385

### CANCER INFORMATION SERVICES

- [www.cancer.ca](http://www.cancer.ca)
- 1-888-939-3333 information on cancer, treatment, statistics, support, cancer detection & risk reduction & finding support in your community.

### COUNSELLING

- Catholic Family Services of Battleford: 306-445-6960
- Catholic Social Services: SHIP Program, Counseling (Lloydminster) 780-875-9084
- Individual & Family Counseling (Meadow Lake) 236-1580
- Prairie North Health Region: 306-820-6250
- Florence Johanson Counseling Services (Lloydminster): 780-875-6467
- Prairie North Child & Youth Services (North Battleford) 446-6500
- Battleford's Mental Health/ Addiction Services 446-6500, after hours/emergency: 446-6501

### DOOR OF HOPE

- Meadow Lake 236-5537; Soup Kitchen, Food Bank, Employment Readiness Program, Life Skills

### EMPLOYMENT

- Can-Sask Career & Development Services. Job Search, Career Counseling & Resume Writing: [www.saskjobs.ca](http://www.saskjobs.ca)
- Sask Jobs Listings By Phone: 1-877-837-6167
- Northwest Regional College: Career Counseling 306-937-5144

### FAMILY VIOLENCE INTERVENTION & PREVENTION

- Interval House: North Battleford 445-2742; Lloydminster 780-875-0966; Meadow Lake Northwest Friendship Centre 236-3766

### GRIEF

- Walking Through Grief 780-846-2576
- Catholic Family Services 306-445-6960

## HEALTH

- Healthline 1-877-800-0002: 24hr health advice, provides immediate professional advice or information. 24hr access for those requiring crisis intervention, Mental Health & Addiction support.
- Population Health Services North Battleford: 446-6400
- [www.pnrha.ca](http://www.pnrha.ca) check website for information on what services are available in your community & what days.
- Department Of Health: Blue Pages in Phonebook; [www.health.gov.sk.ca](http://www.health.gov.sk.ca); information such as health cards, name change, birth certificates, drug plan, health benefits, disease control & much more.

KIDS HELPLINE: 1-800-668-6868

## LIVING WITH CHRONIC CONDITIONS

446-6408

## LLOYDMINSTER ASSOCIATION FOR COMMUNITY LIVING:

- 780-871-2058; Advocacy for children & adults with developmental disabilities & their families.

## PARENTING

- Battleford's Early Childhood Intervention Program; supportive information & resources & advocacy for parents with children who are developmentally delayed or at risk of delay in their development (0-5yrs). 306-446-4545
- Kid First: North Battleford 937-6752; Meadow Lake 236-6441
- Parenting Mentoring Program: Available in rural areas. Support, strengthen families through encouragement, information & mentoring. North Battleford 446-6400 ext 6443; Meadow Lake 236-1581; Lloydminster 820-6236
- Positive Parenting: Education & Support Meadow Lake 236-4804
- Healthy Babies Right From The Start: Available in rural areas; prenatal, post natal, nutritional education & guidance Meadow Lake 236-3766
- Focus: Family Outreach Program (Budgeting, anger management, discipline, access to community resources) Lloydminster 780-875-6622
- Teen & Young Parent Program; Meadow Lake 236-3766; North Battleford 446-6400
- Teen & Young Parent Prenatal Classes & Support 446-6400 ext 6412: Parenting Skills, Education & Vocational Guidance.

## PREGNANCY

- Pregnancy Crisis Line 306-446-6400: Listening ear for those distressed about pregnancy, can help right agencies to be referred to.

## SEXUAL ASSAULT

- 24HR Crisis Line: North Battleford 445-0055; Lloydminster 306-825-8255

## SCHOOL

- Northwest School Division: [www.nwsd.ca](http://www.nwsd.ca). Information regarding: school, school division, days off, schedule of events, policies, homework help (contact your teacher) & many helpful informative links to family, learning & resources.

## SOCIAL SERVICES

- Family Services: 1-877-993-9911
- Income Security: North Battleford 446-7705; Lloyd 306-825-6410; Meadow Lake 236-7500
- Child Protection: Lloydminster 306-820-4250; Meadow Lake 236-7500; North Battleford 446-7716

VICTIM SERVICES Contact your local RCMP

## PHONE BOOK

- Check Out the BLUE PAGES
- Did you know: There are GREEN Pages? They are the Health Services Guide. (Our area is the Prairie North Health Region)
- Front Cover: Has a table of contents inside the flap; it has where to find postal codes, time zones, maps, abuse help lines & MUCH MORE.