

"Take Care of Each Other"
**Gateway Elementary School
Newsletter**



November, 2018

Upcoming Events

- *Remembrance Day Assembly - Fri., Nov. 9 at 10:45 a.m.*
- *Report Cards go home - Fri., Nov. 16*
- *Monday - Nov. 12 - NO SCHOOL*
- *SCC Meeting - Tuesday, Nov. 13 at 7:00 p.m.*
- *Speedstacking Club begins Tues., Nov. 20 at 3:30 p.m.*
- *Grade 6 Table Tennis Tournament - Wed., Nov. 28 at 3:30*
- *Grade 5 Table Tennis Tournament - Thurs., Nov. 29 at 2:30*
- *Family Table Tennis Night- Thurs., Nov. 29 at 7:00*
- *Gateway Community Table Tennis Tournament Fri., Nov. 30 at 4:00
Call 236-4141 to register*



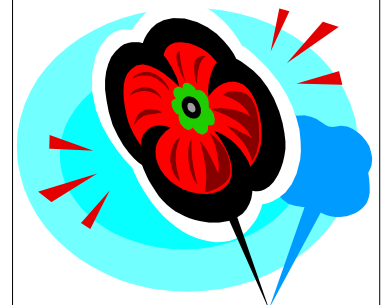
Principal's Message

A big thank you goes out to all the students and staff who helped put on our 12th annual Smart Lunch. Thank you also goes to all of those parents who came out and made our annual Smart Lunch such a wonderful event. It is great to see the kitchen table, down home type of atmosphere that is present every year at the event. The food was great, the company was excellent and the best part was not having to line up to get the food.

Congratulations goes out to all of those students who participated in our volleyball program this year. The participants have displayed significant improvements in their skill levels and have been really enjoying Tri-Ball, a modified volleyball game which allows for longer rallies. Our annual tournament took place on Thursday, October 25.

This month there are several exciting after-school programs taking place and we encourage all students to get involved in all of the programs. Speedstacking Club will begin on Wednesday, November 21. On November 28 and 29 we will be hosting our annual table tennis tournaments. On Thursday, November 29 we will also be hosting Family Table Tennis Night, which will take place in the Gateway gym beginning at 7:00 p.m. We are also planning to host the first ever Gateway Community Table Tennis tournament on Friday, November 30th beginning at 4:00 p.m. This tournament will be open to all youth and adults in the community and surround area. To register for the tournament please call 236-4141.

The term one report cards will be sent home on Friday, November 16. Thank you to all the parents and students who attended parent-student-teacher interviews in October. We enjoyed having the opportunity to communicate with you regarding your child's progress at school this fall. If you have any questions regarding your child's report card please do not hesitate to contact your child's teacher.



Remembrance Day Service



Gateway's Remembrance Day Service is scheduled for 10:45 a.m. on Friday, November 9. Attending our service will be a Royal Canadian Legion Representative and the Royal Canadian Air Cadets. Each classroom will be doing a wreath presentation. All parents are invited to join us at the service which will take place in the gym. Students are asked to bring a donation of 25 cents for their poppies.



Children's Safety



A reminder to parents to please drop your children off on the Gateway side of the street so they do not have to cross the road.

No School



There is no school on Monday, November 12 for Remembrance Day and Monday, November 26 for Division PD.

Top Point Earners in A.R.

- | | |
|---|------------------------------|
| 1. Reece Schneider - 499.4 | 14. Olivia Bannister - 58.9 |
| 2. Sophie Wolff - 201.2 | 15. Ayla Mutch - 55.0 |
| 3. Noah Cappelle - 197.1 | 16. Darian Murray - 54.9 |
| 4. Maggie Chow - 196.9 | 17. Nikolas Snodgrass - 52.0 |
| 5. Allandrex Crawford - 156.6 | 18. Jireh Madrid - 50.4 |
| 6. Avery Sinclair - 90.2 | 19. Owen Sinclair - 43.7 |
| 7. Kyree Mirasty - 80.9 | 20. Terra Pickett - 42.9 |
| 8. Brooke Pchelnyk - 80.9 | 21. Rylie Bowerman - 42.3 |
| 9. Aislinn Petz - 80.6 | 22. Jorja Hamilton - 42.3 |
| 10. Kalem Klassen - 68.2 | 23. Gabrielle Nippi - 40.8 |
| 11. Kaidance Schwingenscholoeigl - 64.2 | |
| 12. Nate Dallyn - 63.9 | 24. Cash Drager - 40.3 |
| 13. Callee Timmer - 62.2 | 25. Chloe Ducharme - 38.4 |

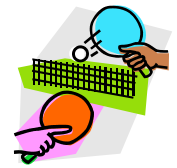
Speedstacking Club

The Gateway Speedstacking Club will be meeting on Wednesday beginning on November 21 from 3:30 - 4:30. Speedstacking is an exciting sport where students upstack and downstack 12 specially designed cups as quickly as possible. We encourage students in the club to practice at home. There are sets of cups available for students to borrow a few days at a time. Students will be responsible for taking care of the cups and returning them on designated days. Replacement cost for lost cups is \$22.00.

Table Tennis



Every year the Saskatchewan Table Tennis Association visits our school to teach the sport of table tennis to our students. The instructors provide clinics during Phys. Ed. classes. The Grade 6 tournament will run at 3:30 on Wednesday, November 28 and the Grade 5 tournament will run at 2:30 on Thursday, November 29. The tournaments will be open to all Gateway students. More information about the tournament and how to register will be sent home this month.



Book Fair

The total raised for this year's book fair is \$895.32. This money will go towards our Accelerated Reader and Star Reading Programs. Thank you to all those who supported this year's book fair.



Games Club and Table Tennis Club



Beginning after the November break, students will have the opportunity to stay in at lunch hours and play board games and table tennis. Classes will be scheduled for each activity.



Raising Kids With Care - 50 Ways to Help Your Whole Family Thrive (11 - 15)

11. Set clear boundaries and expectations for your children.
12. Ask your kids where they're going and who they'll be with.
13. Avoid doing too much; say no to some requests without feeling guilty.
14. Eat together as a family whenever possible.
15. Read aloud with your child.

As an incentive for parents and students to attend interviews, the Gateway SCC sponsored a \$100.00 door prize. The winner for term 1 was Kera Boyko.



Thank you to all students who donated to our Thanks for Giving Food Drive. All the food items were donated to the Door of Hope.



PICKY EATING

Are mealtimes a struggle?

Try these tips.

- **Eat together as often as possible.**
- **Limit distractions by turning off the TV and putting away phones, tablets and toys.**
- **Avoid pressure, praise, rewards, tricks or punishment to get your children to eat.** This can make picky eating worse.
- **Don't make separate meals for your children.** Offer them the same foods the rest of the family is eating.
- **Let your children decide if and how much to eat from the food you serve.** Children's appetites vary from one day to the next. Trust that their bodies will let them know when they are hungry or full.
- **Offer a variety of foods throughout the week.** It is normal if children do not like new foods at first or if they like a food one week and not the next. It may take several experiences before children learn to eat a new food.
- **Offer meals and snacks at regular times to ensure children aren't grazing on food throughout the day.** This encourages children to come to the table hungry as even a small amount of milk or crackers could spoil their appetite.
- **Grow, pick, shop for and cook food together.** Children are more interested in trying new foods when they are involved with the preparation.



Written by Public Health Nutritionist of Saskatchewan 2018

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