



H. HARDCASTLE SCHOOL

Challenging the Future



Principal: Darren Nordell
Vice Principal: Roberta Moriarty

October 2023

Webpage: <http://www.edline.net/pages/hardcastle> Twitter: @HHS_Royals Facebook: www.facebook.com/H.HardcastleSchool

Happy October!

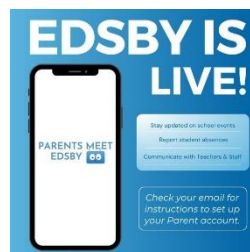
It has been an action-packed month as our school has transitioned to Edsby for our online attendance, communication, and student Gradebook for Grades 7-12.

Thank you to the parents who have created an online profile already and are working to communicate with their children's teachers and report attendance already. Edsby is proving to be an excellent tool for teachers, parents, and students. The ability to communicate, report attendance, and eventually share Gradebook will allow staff, parents, and students to maintain communication, and simplify the communication between home and school. This will be the platform that we will be moving to, as it will allow a simplified stream of communication, rather than using numerous platforms.

If you haven't activated your account, please do so. You will be able to access a great deal of information using this platform which may include groups for extracurricular activities that your child is involved in, news from the library, upcoming events at the school, as well as the eventual use of Gradebook for students in grades 7-12.

After Thanksgiving, our grade 7-12 staff will be going live with their Gradebooks. Thank you for your patience in this as this is our first opportunity as a school to use live Gradebooks with our school community. Please understand that there will need to be some time allowed between handing in an assignment, and an assignment being uploaded with a mark. Similarly, when a student writes a test, marks may not be posted immediately. We will work to get the marks submitted in a timely manner, and we thank you in advance for your understanding in that.

Thank you for your help this fall with Edsby. We anticipate that this will be an excellent platform that our school community will benefit from.



A Note to Parents and Community

We understand that there may be times when you may need to talk with/contact your child. Unfortunately, a response might not be immediate, as staff and students may be busy working during a scheduled class and may not be able to check their cell phones until a break. If it is important that you speak to your child immediately, please feel free to contact the office at 306-397-2944 and we may be able to help you direct your call to the intended person.

Reading Buddies

Mrs. Weber is still looking for volunteers to participate in a Reading Buddy Program. This would be a paired reading activity guided by classroom teachers with a goal to help improve student's reading and comprehension skills.

If you are interested in joining our Reading Buddy Team, please contact Mrs. Weber or Mrs. Moriarty at the school. All volunteers will be required to complete a Criminal Record Check.

Bows & Bouquets

- Thank you to the following for their generous donations to our breakfast program: Claudia Mansell and Hal Irving, David and Alice Stuart, The Edam Scoop (Joyce Wall), Jean Pollard, Christ the King Parish, Drop Anchor R.V. Park (Louis McCaffrey), NJT Holdings LTD (Mike & Marie Harty), Levasseur's Sales & Service LTD, and Garry's Heavy Equipment Repair.
- Thank you to Jean Pollard for the monetary donation to the Anne Olson Memorial Library. Your donation in memory of Jimmy is greatly appreciated and will be used to purchase new books for student use.
- Thank you to Thomas and Juliette LaClare for donating tennis balls to the gymnasium. They will be put to good use.
- Thank you to the School Community Council for donating their leftover supplies from the community wide breakfast to the Breakfast Program. It is appreciated.
- Thank you to the School Community Council, as well as student volunteers who helped organize, cook, clean and serve the Community Pancake Breakfast. Breakfast helpers include Danielle Troesch, Heidi Jamieson, Cheri Frey, Vanessa Mack, Lindell Gateley, Janice Baillargeon, Fin Frey, Leah Frey, Alice Stuart, David Stuart, Jolene Sittler, Ryder Day, Preston Troesch, Hailey Roblin, Andrea Thom and Kye Thom. Thank you also to the staff for their flexibility with morning classes to start the day.
- Thank you to Strathcona Resources, as their volunteerism at school events helps promote and fund our breakfast program.

SCC Pancake Breakfast – Danielle Troesch, SCC President

H. Hardcastle School's first ever School Community Council Community Wide Pancake Breakfast was held on Friday, September 22nd, and it was incredibly successful. With over 350 people attending, and the weather being as beautiful as it was, our community involvement was incredible. We would like to thank everyone who came and supported our staff & students, while at the same time renewing community connections. Students were excited to share their experiences here at the school with school staff and also their family that have not/no longer attend H. Hardcastle School. We were fortunate to have our MLA (Ryan Domotor), Director of Education (Duane Hauk), a Superintendent (Aaron Oakes), Board Representative (Janice Baillargeon), our RM Reeve & many more dignitaries in attendance to celebrate our school year with us and to give them the opportunity to meet and visit with members from our community.

Because of the success of this breakfast, we hope to make this an annual event.

Thank you to all of our volunteers that helped make this event possible, as this would not have been possible without you.



School Fees

A reminder to parents that all Student School Fees are due. School Fees can be paid through School Cash online or through the office.

School Pictures

October 6th is Picture Day at HHS! Don't forget to dress your best and put on your best smile. If you have a younger sibling who is not yet in school, or a playschool student wanting their picture taken, please bring them at 8:30am.

Golf – Mrs. Deobald

The 2023 senior golf team consisted of 5 members: Nate Poole, Mia Weber, Kye Thom, Ashton Harty and Kobi Weber.

The members were able to get in a few practice rounds before taking part in the NWSHAA District Competition in Meadow Lake. The weather was not ideal, but the athletes were able to battle the elements and finish with respectable scores after 18 holes. Only the top 4 male and female scores were posted therefore we are unable to report placings of our team members.

Congrats on a great season!



Senior Boys Volleyball – Coaches Mrs. Deobald & Ian McDonald

Our numbers are low, but the skill level is extremely high!

This year's Senior Boys team consists of a solid 6 players: Aiden Lascelle, Kasen McDonald, Kye Thom, Graydon Troesch, Beckett Rogers and Kesler Wall.

The boys have started the season strong with wins in their league play and a 4th place finish at Mega Volley in Maidstone. Stay tuned for future success stories on their quest to become provincial contenders.

A special thank you to Trayton Troesch and Jane Wall for taking time out of their schedules to attend practices and support the boys in their training.



Remembrance Day – Mrs. Laura LaClare

Every year at the school Remembrance Day Service we take time to remember all of our Canadian Troops past and present. An important part of our service is to recognize local veterans. We have a power point presentation that we use to honour our own. If you have a family member that has served our country and would like to add them to our presentation, please forward the information to the school by Wednesday, October 25th. Please include a picture of the family member in uniform (if possible), which student(s) he/she is related to and what the relation is (ex. Great uncle to _____) and when and where he/she served. Please include any other information you think is important. Information can also be emailed to laura.laclare@nwsd.ca.

Cross Country Running – Mr. Gateley & Mrs. Katie LaClare

Cross Country is off to a great start with a total of 53 active runners. We have gone to Meets in Hillmond and Wilkie with the student-athletes performing extremely well (the results are below).

The District Track Meet is set for October 5 at Silver Lake Regional Park. I would like to thank the community for watching out for the student-athletes while they are crossing the road after school. Practices will continue to occur after school until the 5th as we prepare for the District Meet. I'd also like to thank parents for driving to both the Hillmond Meet and practices as I know it is a busy time of year.

Hillmond Cross-Country Running Results (Sept. 14/2023)

<u>Grade 3 Girls</u>	<u>Result (out of 17 runners)</u>
Claire Baillargeon	3 rd
Meadow MacDonald	5 th
Rylee Baillargeon	wrong direction, did re-run
Kara LaClare	wrong direction, did re-run
Shelbie Frey	wrong direction, did re-run
<u>Grade 3 Boys</u>	<u>Result (out of 20 runners)</u>
Jax Welin	3 rd
Wyatt Grant	12 th
Thomas LaClare	14 th
Maddox Gateley	16 th
Noah Weber	17 th
<u>Grade 4 Boys</u>	<u>Result (out of 31 runners)</u>
Arie LaClare	5 th
Brooks Weitzel	10 th
Ty Weitzel	12 th
Jase Esquirol	21 st
Austin Blaquiere	24 th
<u>Grade 4 Girls</u>	<u>Result (out of 18 runners)</u>
Taylor Buitenhuis	12 th
Madelyn Moriarty	wrong direction
<u>U 11 Boys</u>	<u>Result (out of 29 runners)</u>
Hudson Gateley	1 st
Jack Weitzel	4 th
Charlie Elliott	5 th
Eli LaClare	14 th
Tony MacDonald	23 rd
Theron Frey	24 th
Ben Jeske	27 th

U 13 Boys	Result (out of 25 runners)
Beau LaClare	3 rd
Maxwell Bourrier	7 th
Scott Baillargeon	9 th
Preston Troesch	11 th
Memphis Borschneck	12 th
U13 Girls	Result (out of 23 runners)
Ella Grant	6 th
Erica Blanchette	16 th
Juliette LaClare	17 th
Grade 7 Boys	Result (out of 15 runners)
Klay Weber	1 st
Kannon Rogers	9 th
Grade 7 Girls	Result (out of 10 runners)
Teal McDonald	2 nd
Grade 8 Boys	Result (out of 19 runners)
Ryder Day	5 th
Jack Jamieson	15 th
Grade 8 Girls	Result (out of 8 runners)
Anna Buitenhuis	4 th
Grade 9 Girls	Result (out of 9 runners)
Vayda McDonald	3 rd



Wilkie Cross-Country Running Results (Sept. 21/2023)

Novice Girls	Result (out of 104 Runners)
Rylee Baillargeon	18 th
Kara LaClare	34 th
Shelbie Frey	69 th
Madelyn Moriarty	70 th
Meadow MacDonald	71 st
Cess Nippi	88 th
Novice Boys	Result (out of 163 Runners)
Hudson Gateley	1 st
Jack Weitzel	11 th
Arie LaClare	18 th
Charlie Elliott	20 th
Jax Welin	21 st
Eli LaClare	50 th
Wyatt Grant	53 rd
Brooks Weitzel	61 st
Ty Weitzel	87 th
Tony MacDonald	93 rd
Theron Frey	94 th
Ben Jeske	95 th
Thomas LaClare	110 th
Noah Weber	111 th
Austin Blaquiere	154 th
Maddox Gateley	156 th
Pee Wee Boys	Result (out of 76 Runners)
Beau LaClare	33 rd
Scott Baillargeon	34 th
Max Bourrier	40 th
Preston Troesch	45 th
Kannon Rogers	49 th
Pee Wee Girls	Result (out of 53 Runners)
Teal McDonald	3 rd
Ella Grant	12 th
Erica Blanchette	27 th
Bantam Boys	Result (out of 21 Runners)
Bryar Carr	1 st
Ryder Day	12 th
Jack Jamieson	16 th
Intermediate Girls	Result (out of 11 Runners)
Vayda McDonald	6 th

Congratulations to all of our athletes and best of luck at the District Cross-Country Meet.

Drama – Mrs. Moriarty

This fall has been a busy one reading scripts, picking scripts, choosing parts, and assigning parts. We have settled on 2 plays for the fall “Knock Knock” from Your stage partners, as well as “Everything you always wanted to know about your teachers (but were too afraid to ask)” from the same publisher. We have approximately 25 eager students from 7-12 eager to perform these plays for you in December 2023. Actors and Actresses will be receiving their scripts this week with their roles. Now for practice, set design, costume design, and planning! Looking forward to sharing 2 more great plays with you this fall about our biannual dessert theatre.

SRC - Mrs. Moriarty & Ms. Thom

This fall we have shifted gears, and we have an elected executive for SRC with student leaders stepping up to impact their school in a positive way. With our elected executive, and elected room reps we are looking forward to planning more fun, engaging activities this fall. Our SRC has supported a number of different student lead events this past year, and we look forward to organizing more. We are looking at a fall fundraiser for the school so that we can continue to support the needs of our students K-12. Looking forward to working with this engaged, excited executive and incredible room reps to make 2023-2024 another great year.

2023 - 2024 SRC Executive:

President – Graydon Troesch

Vice President – Kye Thom

Treasurer – Maverick MacDonald

Secretary – Heidi Russett

Athletic Reps – Leah Frey, Reid Olson

Member at Large – Fin Frey

Social Director – position needs to be filled.

Room Reps:

Grade 6 – Interested students will take turns attending meetings.

Grade 7 – Chloe deMontarnal, Sylvia Lascelle

Grade 8 – Joey Siegel, Ryder Day

Grade 9 – Madison Mack, Avery LaClare

Grade 10 – Hailey Roblin, Amy Stuart

Grade 11 - Keagan Russett

Grade 12 - Zoey Pollard



No Microwave Lunch Ideas

Try some of these easy, healthy lunch ideas. No microwave needed.

Pack HOT leftovers in insulated containers and lunch bags



- Heat food in the morning, then put it in an [insulated container](#) (e.g. Thermos®) to help keep it warm until lunch and it is safe to eat. Try leftover soups, stews, curries, chili, pasta, and stir-fries.



Pack COLD foods with ice packs in insulated lunch bags

- Homemade or store bought ice packs work great to help keep foods cold and safe to eat. Try milk, cheese, yogurt, tuna salad, pasta salad, leftover meat, hard-boiled eggs, fresh spring rolls, sandwiches and wraps. Homemade Pizza and hamburgers are good cold too!



Try 'bento box' style lunches

- Mix and match easy to “grab and go” protein foods, whole grain foods and vegetables & fruit. Some ideas include: cut vegetables and fruit with dip; sliced cheese; deviled eggs; popcorn; pasta, rice or other grain salad; yogurt; and crackers with hummus. For more ideas see Canada’s Food Guide food-guide.canada.ca

Pack foods in reusable containers



- Not only are they convenient and better for the environment, but they are good for your budget too! Don’t forget a clean reusable water bottle.
- For low-cost containers look in dollar stores, second hand stores, and garage sales.

Involve children and youth

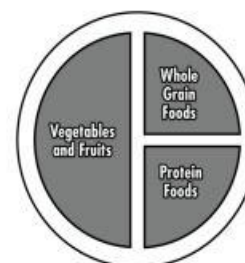
- Plan and pack lunches together each week with your child. Let them have a say, but also give them some guidance. You decide what foods they can choose from.

Written by Public Health Nutritionists (2022)
Population Health Department
populationhealth@saskhealthauthority.ca

Packing School Lunches

Involve children and youth in planning and packing lunches. When kids help, they are more likely to eat and enjoy the food! Let them pick items from each of the three food categories in [Canada's Food Guide](#). Check out the ideas below:

- **Leftovers** make great lunches.
- **Don't forget water.** Use a CLEAN reusable bottle.
- **Keep food safe.** Use reusable, insulated containers for hot food and insulated lunch bags and ice packs for cold food. Wash them every day.
- Before you pack, **check the school's food allergy guidelines.**



Vegetables and Fruit Aim for 1/2 the lunch	
• Broccoli	• Bananas
• Cauliflower	• Apple sauce
• Carrot and celery sticks	• Frozen berries
• Cucumber slices	• Oranges
• Cherry tomatoes	• Pineapple
• Red or green peppers	• Strawberries
• Tomato, cucumber, or lettuce in a sandwich	• Fruit salad or kabobs
• Veggie stir fry	• Pears
• Butternut squash soup	• Canned peaches
	• Grapes
	• Saskatoon berries
	• Kiwis cut in half with a spoon

Whole Grains Aim for 1/4 the lunch	
• Whole grain bread, pita, naan, bannock, or tortilla	• Brown or wild rice
• Quinoa or barley	• Low sugar whole grain cereals
• Whole grain crackers	• Buckwheat pancakes
• Oats or oatmeal	• Homemade whole grain muffins
• Whole grain noodles	

Protein Foods Aim for 1/4 the lunch	
• Boiled or deviled eggs	• Canned tuna
• Leftover turkey, beef, chicken, pork, or lamb	• Sunflower seeds
• Beans or lentils in: chili, curry, stew, soup or salad	• Low sugar yogurt
• Baked or stir fried tofu	• Cheese cubes
• Soups made with milk	• Hummus
	• Unsweetened milk or soy beverage

For more meal and snack ideas, check out Canada's Food Guide recipe page at: food-guide.canada.ca/en/kitchen

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BOOK SPINE POETRY CONTEST

You could
win an **Indigo**
gift card!

SEPT. 23 - NOV. 1, 2023

[SASKLA.CA/PROGRAMS/BOOK-SPINE-POETRY-CONTEST](https://saskla.ca/programs/book-spine-poetry-contest)



SLA
SASKATCHEWAN LIBRARY
ASSOCIATION



**SCAN TO
ENTER!**





AGM
Monday, October 16th 7pm
School Library

Successful schools are made up of more than just teachers, principals and students. Successful schools also rely on parents and communities to help them be the best they can be.

What is a School Community Council?

School Community Councils are school-level groups that will provide input into school improvement. Legislated by the provincial government to be in every school, School Community Councils give you an opportunity to make a difference in your school.

Who are School Community Council members?

- Dedicated volunteers
- Community members, principals, teachers, students, and parents interested in working with others for the betterment of our school.

Please Join Us!
See how our SCC positively impacts our school.

For more information please contact your principal:
Darren Nordell
H. Hardcastle School
Box 370 Edam Sk.
306-397-2944





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Day 2 K	3 Day 3 Sr. Volleyball Hosts	4 Day 4 K Jr. Volleyball Hosts P.Hill	5 Day 5 District Cross Country Meet	6 Day 6 K School Pictures	7
8	9 Thanksgiving No School	10 Day 1 Sr. Volleyball in Glaslyn	11 Day 2 K Hot Dog Lunch Jr. Volleyball Hosts Thunderchild	12 Day 3	13 Day 4 K	14
15	16 Day 5 SCC AGM 7pm	17 Day 6 K Sr. Volleyball in St. Walburg	18 Day 1	19 Day 2 K	20 Day 3 Sr. Girls Host	21 Vball Tourn. Jr. Boys (Gr.7) in Lloyd. Jr. Boys (Gr. 8/9) in Tford
22	23 PD Day No School	24 Day 4 K Sr. Volleyball Hosts	25 Day 5	26 Day 6 K	27 Day 1 School Wide Breakfast Sr. Girls @	28 Loon Lake
29	30 Day 2 K	31 Day 3				

Upcoming Dates:

November 13th – No School, in lieu of Remembrance Day