

How Parents Can Help Their Children

- Show a genuine interest in all your children's school experiences, including monitoring homework and attending school functions.
- Help your child set realistic goals based on his/her interests, abilities and personalities.
- Keep lines of communication open – take time to listen to your children and teachers.
- Encourage reading. READ ALOUD to your child every day – age is not a barrier. Read together when they are older. Give reading material as gifts and visit libraries, book stores and book fairs. Demonstrate that you enjoy reading.
- Help improve spelling by helping your child write for a real purpose such as letters, shopping lists and posters. Play word and memory games. Most of all, talk with your child. It is hard for children to spell words they have not heard or do not understand
- Help your child develop self-discipline by letting them make their own decisions and holding them responsible for the outcome.
- Keep them healthy with proper nutrition, exercise and rest and set a bedtime.