

Northwest School Division

Graduation & Post-Graduation Plan



GRADE 10

"Education is not the learning of the facts, but the training of the mind to think"

-Albert Einstein

Introduction

Developing and maintaining a graduation and post-graduation plan for yourself will assist you in exploring your interests, skills, values and personal traits while considering many career pathways available to you in Saskatchewan, Canada and beyond! This will guide you in making informed decisions that will impact your present and future lives. A graduation and post-graduation plan is a tool to assist you in transitioning smoothly through high school and beyond – to a future that is personally fulfilling and rewarding.

Grade 10 graduation & post-graduation plan checklist:

- Review and obtain personal documentation. *These documents should not be uploaded to myBlueprint for privacy reasons.*
 - Birth certificate
 - Health Card
 - Social Insurance Number
 - Saskatchewan Photo ID
 - Learner Licence
- Review and obtain employment related documents
 - WHMIS Certificate
 - Food Safety Level I
- Complete Knowledge inventory and write a reflection about the results. Add this to your About Me portfolio.
- Create one academic, personal and volunteering goal per semester to work towards. These goals will be discussed at 3-Way conferences.
 - <http://www.canadian-universities.net/Volunteer/>
 - <https://www.uregina.ca/careercentre/ses/students/volunteer-regina/index.html>
- Review of Grade 11 & 12 course options to understand what a tentative schedule may look like for completion and the required prerequisites for graduation requirements.
- Gain further understanding of the full range of post-secondary opportunities
 - Apprenticeship
 - University
 - Technical school
 - Private College
 - Employment
 - Entrepreneurship
- Explore and discover various occupations in the real world
- Begin developing basic budgeting skills and identify strategies for making wise financial choices.
- Continue to develop personal career documentation
 - Resume & Cover letter
- Complete Level I of the Saskatchewan Youth Apprenticeship Certificate OR Fine Arts Equivalent Activities. Scan and upload completed documents to your About Me portfolio.
- Attend the Campus Regina Tour for Grade 10 students.
- Review graduation & post-graduation plans with
 - Parent(s)/Guardian(s)
 - Advisory teacher/Trusted adult

- In September & June scan and upload any athletic, community or academic awards you received throughout the year.

Documentation

It is important as a young person to ensure that you have all the proper personal and work related documentation available to you. These pieces of documentation will help you access supports and resources in the community, and can help you obtain a job.

Employment Documentation Log

Document	Contact Information	Availability	Obtained	Expiry
Young Workers Readiness Certificate	https://ywrcc.ca/	Online	Upload to MBP Portfolio	N/A
WHMIS	http://www.worksafesask.ca/training/online-courses/online-whmis-training/	Online	Upload to MBP Portfolio	
Food Safety Level I	http://www.rqhealth.ca/department/environmental-health/safe-food-handlers-courses	Cooking/ Food Studies 10 (free) RQHR Evening Classes \$55.00	Upload to MBP Portfolio	
Saskatchewan Youth Apprenticeship Level I	http://saskapprenticeship.ca/youth_apprentices/	See Your Guidance Counsellor	Upload to MBP Portfolio	
First Aid & CPR	http://www.firstaidregina.ca/ https://www.jandtfirstaid.ca/ http://www.sja.ca/English/Pages/default.aspx		Upload to MBP Portfolio	

Saskatchewan Youth Apprenticeship

Welcome to the Saskatchewan Youth Apprenticeship (SYA) Program! SYA raises awareness of apprenticeship in Saskatchewan schools by helping young people discover what rewards come with being a Youth Apprentice and working in the skilled trades. SYA enhances student career development by exploring the world of opportunities skilled trades offer Saskatchewan youth. SYA is composed of three levels with four challenges in each level to be completed in Grades 10 to 12.

What are the benefits of completing SYA in high school?

Students who complete all three levels and register as an apprentice in a designated trade within five years receive the following benefits:

1. waiver of registration fee (currently \$175)
2. no charge for first level of technical training tuition
3. 300 hours of trade time credit

Grade 10 Saskatchewan Youth Apprenticeship Level I Tasks:

- Successful completion of at least 1 PAA course
- Research and report on one of the designated trades in Saskatchewan, include the training requirements of the trade selected.
- Complete the Young Workers Readiness Program
- Initiate a discussion about apprenticeship and trades careers with an adult in your community

Record your Progress:

It is important that you record your progress and the completion of the above tasks in order to receive credit for Level I of Saskatchewan Youth Apprenticeship.

1. Select **Portfolios** from the tab menu in the home section.
2. Add a new portfolio (+ **Add Portfolio**) titled '**SYA LEVEL I**'. This portfolio will allow you to record your completed tasks for this level.

Exploring the Fine Arts

Historically, the five main fine arts were painting, sculpture, architecture, music, and poetry, with performing arts including theatre and dance. Today however, the fine arts commonly include additional forms, such as film, photography, video production/editing, design, sequential art, conceptual art, and printmaking. The benefits of participating in the Fine Arts are many but here are 10 great reasons:

1. Increases creativity
2. Develops motor skills
3. Increases confidence
4. Increases capacity for visual learning
5. Strengthens problem solving skills
6. Improves focus
7. Teaches us how to collaborate
8. Learn accountability
9. Strengthens perseverance
10. Improves overall academic performance

Grade 10 Fine Arts Exploration Tasks:

- Successful completion of at least 1 Fine Arts course
- Research and report on one of the Fine Arts Profession that is of interest to you
- Create 10 Interview questions and then interview a teacher in the Fine Arts area to explore what they enjoy about their specific Fine Art area.
- Complete the Young Workers Readiness Program and upload certificate.

Record your Progress:

It is important that you record your progress and the completion of the above tasks. Use myBlueprint as a way to record your work.

1. Select **Portfolios** from the tab menu in the home section.
2. Add a new portfolio (+ **Add Portfolio**) titled '*Fine Arts Exploration Grade 10*'. This portfolio will allow you to record your completed tasks for this level.

myBLUEPRINT

LOGIN INFORMATION

Username: _____

Password: _____



GRADE 10 Graduation & Post-Graduation Activities

MONTH	STUDENT ACTIVITY
September	
<p>Learning Goals:</p> <p>✓ to identify factors that have shaped who they are and are likely to shape who they become over time</p>	<p style="text-align: center;">ACTIVITY: Knowledge Assessment</p> <ol style="list-style-type: none"> 1. Select Portfolios from the tab menu in the home section. 2. Add a new portfolio (+ Add Portfolio) titled '<i>About Me Portfolio</i>'. This portfolio will allow you to showcase your interests, passions, goals, and career interest. <i>*Students who have an existing About Me portfolio can continue building this portfolio rather than creating a new one.</i> 3. Select Who Am I from the navigation menu on your dashboard. 4. Complete the Knowledge questions to receive your results. 5. Review the full report to learn more about your top three subject areas and the types of occupations that are well suited to your interests. 6. Add your survey report and one of your occupation profile matches to your <i>About Me Portfolio</i>'. 7. Write a brief reflection to each artifact <ul style="list-style-type: none"> ● Do you agree? Disagree? Why or why not? ● What did you learn? What interests you about this particular occupation? ● What skills are needed for this occupation? ● What is the required level of education? 8. Review the list and descriptions of Employment Documentation and make a plan to obtain these documents. <p><i>NOTE: The Learning Styles, Personality and Interests assessments must be completed before a students can complete the Knowledge survey. This should have been completed in Grade 9.</i></p>
October	

<p>Learning Goal:</p> <p>✓ to learn more about creating SMART goals and action plans</p>	<p style="text-align: center;">ACTIVITY: Goal Setting</p> <ol style="list-style-type: none"> 1. Select Goals from the menu on your dashboard and + Add Goal 2. Add ONE (1) Academic Goal (Medium term) and include an Action Plan for how you intend to achieve it. This can be around Learning Skills or to improve on a specific subject area. 3. Add this academic goal to your About Me Portfolio. 4. Add ONE (1) Personal (Medium term) and include an Action Plan for how you intend to achieve it. This can be about anything else in your life that you would like to improve. 5. Add this goal to your About Me Portfolio. 6. Add ONE (1) Volunteering (Medium term) and include an Action Plan for how you intend to achieve it. This can be about anything else in your life that you would like to improve. 7. Write a brief reflection about why you've set these goals (What are you trying to achieve? Why? How does it fit in a bigger plan?) 8. Be prepared to speak and share these goals at your 3 - Way Conference this month.
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November	
<p>Learning Goal:</p> <ul style="list-style-type: none"> ✓ to learn more about your interests and passions 	<p style="text-align: center;">ACTIVITY: Create 2 Custom Boxes In My Portfolio</p> <ol style="list-style-type: none"> 1. Select Portfolios under 'Home' from the navigation menu on your dashboard. Select your <i>About Me Portfolio</i>. 2. Add 2 custom boxes titled "WHO AM I?" and upload a picture or video of something that best describes who you are / what makes you happy / what is your passion? 3. Add a title and a description. 4. Add a reflection (Why did you choose to share this? Why is it important to you?) 5. Begin activities outlined in the Saskatchewan Youth Apprenticeship Level 1 or the Fine Arts Equivalent.
<p>Learning Goal:</p> <ul style="list-style-type: none"> ✓ to learn more about yourself and the person you want to become - the qualities and positive traits you would like to work on ✓ to reflect on personal growth by researching the life of a successful person 	<p style="text-align: center;">ACTIVITY #2: Create A Custom Box In About Me Portfolio</p> <ol style="list-style-type: none"> 1. Select Portfolios from the menu on your dashboard. Select your About Me Portfolio. 2. Add a custom Box (click + Add Box, Add Media +) called "WHO DO I WANT TO BECOME?" and upload a picture or video of something that best describes who you want to become – this is not an occupation, but rather a character strength 3. Add a title and a description. 4. Write a reflection on why you chose this picture or video. 5. If you haven't done so, you should begin the Saskatchewan Youth Apprenticeship Level I activities or the Fine Arts Equivalent.
December	

<p>Learning Goal:</p> <ul style="list-style-type: none"> ✓ to start tracking experiences, dates and key information ✓ to identify key resume elements that strengthen an application 	<p style="text-align: center;">ACTIVITY: Resume & Cover Letter</p> <ol style="list-style-type: none"> 1. Select Resumes from the navigation menu on your dashboard in the 'Work' section. 2. Review the Resume Guidelines to learn more about effective resume building. 3. If you haven't already, add your Contact information; fill in the Education, and Extracurricular activities sections. 4. Find a job position using Job Search in myBlueprint. Once you have chosen a summer position, create a Resume and Cover Letter which speaks to the desired position. Set a Goal and Action Plan to apply for this position. 5. Add an Objective to your Resume for the Job Posting you selected. 6. Add any additional experiences that you'd like to record. 7. Share your <i>About Me Portfolio</i> with your parents/guardian so they can see what progress you have made. 8. If you haven't done so, you should begin the Saskatchewan Youth Apprenticeship Level I activities or the Fine Arts Equivalent.
<p>January</p>	
<p>Learning Goal:</p> <ul style="list-style-type: none"> ✓ to practice self-assessment and reflection ✓ to develop or improve on time management and organization skills 	<p style="text-align: center;">ACTIVITY: Review Goal Setting</p> <ol style="list-style-type: none"> 1. Review goals set in October 2. Check off the completed boxes in your 'tasks' and / or reflect... how are they going? Completed? 3. Write a brief reflection about why you've set these goals (What are you trying to achieve? Why? How does it fit in a bigger plan?) 4. If you haven't done so, you should begin the Saskatchewan Youth Apprenticeship Level I activities or the Fine Arts Equivalent.
<p>February</p>	

<p>Learning Goal:</p> <ul style="list-style-type: none"> ✓ to explore and prepare for next year ✓ to add courses that align with the knowledge results (i.e. top three subject areas a student is interested in) ✓ to relate personal attributes to education goals 	<p style="text-align: center;">ACTIVITY: Goals</p> <ol style="list-style-type: none"> 1 . Select Menu from the navigation menu on the left hand side of your screen and select Goals 2. Add ONE (1) Academic Goal (Medium term) and include an Action Plan for how you intend to achieve it. This can be around Learning Skills or to improve on a specific subject area 3. Add this academic goal to <i>'About Me Portfolio'</i>. 4. Add ONE (1) Personal Goal (Medium term) and include an Action Plan for how you intend to achieve it. This can be about anything else in your life that you would like to improve on 5. Add your goals to your <i>'About Me Portfolio'</i>. 4. Add ONE (1) Volunteering Goal (Medium term) and include an Action Plan for how you intend to achieve it. This can be about anything else in your life that you would like to improve on 5. Add your goals to your <i>'About Me Portfolio'</i>. 6. Write a brief reflection about why you've set these goals (What are you trying to achieve? Why? How does it fit in a bigger plan?) <p style="text-align: center;">ACTIVITY #2: High School Planning</p> <ol style="list-style-type: none"> 1. Select High School from the navigation menu. 2. Add courses to Grade 10 based on compulsory courses and electives that interest you. 3. Review Grade 11 courses that you are interested in, and make sure that you have the prerequisites selected in Grade 10. 4. Share this plan with a parent/guardian/counsellor and discuss your pathway options.
<p>March</p>	

<p>Learning Goal:</p> <ul style="list-style-type: none"> ✓ to discover post-secondary options that align with personal interests ✓ to explore different post-secondary pathways 	<p style="text-align: center;">ACTIVITY: Explore Post-Secondary Planner</p> <ol style="list-style-type: none"> 1. Select Post-Secondary from the navigation menu on your dashboard. 2. Find one Opportunity from each pathway that interests you and click Favourite (There are suggestions based on the Who Am I surveys below the Smart Filter Table) 3. Add three opportunities to your About Me Portfolio (click icon Add to Portfolio) 4. Add a reflection to your Portfolio (What is it about these Opportunities that interests me? Why do I want to pursue this Opportunity?)
April	
<p>Learning Goal:</p> <ul style="list-style-type: none"> ✓ to explore and discover various occupations in the real world ✓ to relate personal attributes to career goals 	<p style="text-align: center;">ACTIVITY: Occupation Planning</p> <ol style="list-style-type: none"> 1. Select Occupations from the navigation menu in the 'Work' section. 2. Enter an Occupation Name or Keyword and click Search when you are ready. 3. Find 3 Occupations that are not necessarily in your field of interest but you want to know more about. Click the check boxes to the left of the Occupation names and then click compare to view the Occupations in a chart overview. 4. Consider and compare the following: <ul style="list-style-type: none"> a. Salary comparison b. Level of education required c. Number of years of post-secondary education (if this applies) 5. Add your top 3 Occupations in to your About Me Portfolio and use the reflection box to compare (Pros vs Cons).
May	
<p>Learning Goal:</p> <ul style="list-style-type: none"> ✓ to acquire basic budgeting skills and identify strategies for making wise financial choices ✓ to discover how post-secondary choices will affect current budget goals 	<p style="text-align: center;">ACTIVITY: Introduction to Financial Literacy</p> <ol style="list-style-type: none"> 1. Select Money from the navigation menu on your dashboard. 2. Select the Budget and Finance Guide, read the content and write down three budgeting tips that can help you manage your money. 3. Click on + Add Budget, then name your budget and put in today's date as Start Date. 4. Add two (2) income and two (2) expenses with your financial information (click + Add Income/Expense). If you are not sure how much you spend on a specific section, use the 'Need some ideas

	to start off with' section to see Average Costs associated with specific budgets to help you plan your expenses.
June	
<p>Learning Goals:</p> <ul style="list-style-type: none"> ✓ To practice self assessment and reflection ✓ to be active participants in creating their portfolio and showcasing their story 	<p style="text-align: center;">ACTIVITY: Review Goals</p> <ol style="list-style-type: none"> 1. Ensure all goals created this year are added to your About Me Portfolio. 2. Review the goals you created this year and write a reflection on your progress/achievement/improvements for each goal. 3. Activities from the Saskatchewan Youth Apprenticeship or Fine Arts Exploration pathway must be completed by the end of June. 4. If you wish to continue with the Saskatchewan Youth Apprenticeship Program you must present your completed work to your advisory teacher and ask to be registered. <p style="text-align: center;">*CULMINATING ACTIVITY: About Me Portfolio</p> <ol style="list-style-type: none"> 1. Add 2 more custom boxes – upload images or documents or link videos of something that happened to you this year that you would like to share (i.e. field trip, job shadowing, cool project, etc.). 2. Write a reflection about why you wanted to share this experience. 3. Look at your <i>About Me Portfolio</i> and all of the boxes you've added and ensure each box has a reflection.

Possible Guiding Reflection Questions:

- What have you learned about yourself?
- How does this change your thinking?
- How will you use this knowledge to help you to plan for the future?

3 Way Conferences - Student Outline

1) Student/ Parent/Teacher Introductions

Possible Student Dialogue:

“Hi Mr./Ms. _____ this is my (mom/dad/aunt/grandma/guardian) _____ and my (mom/dad/uncle/grandpa/guardian) _____.”

2) Introduction to myBlueprint

Possible Student Dialogue:

As you may or may not know in Advisory and many of my other classes we are using a program called myBlueprint which is an education and career planner that helps create a plan for graduation and after my graduation.

-Student should be able to login in to his/her account. If not check email for activation code.

2) Describe how things are going this semester.

Possible Student Dialogue:

“This semester is going well/ not well. I have really enjoyed/disliked/struggled with _____ and _____. However, I have enjoyed/disliked/struggled with _____ and _____.”

3) Discuss some of the similarities and differences from last year at this time.

Possible Student Dialogue:

“This semester has been different from last year because _____. Although, I noticed some things are the same like _____.”

4) What are some of your strengths as a student? What are some of your weaknesses as a student?

Possible Student Dialogue:

“I feel my main strength as a student is _____. I know this is a strength because _____. One of the areas I struggle as a student is _____. I know I need to work on this because _____. My plan is to _____.”

5) How can you contribute positively in Advisory?

Possible Student Dialogue: “I feel that I already contribute in Advisory by _____. One way I could further contribute is by _____.”

6) Review your one Academic, Personal and Volunteering goal on myBlueprint.

Possible Student Dialogue:

“I would like to share my academic goals now. My first goal is _____. I plan to achieve this goal by _____. “I would like to share my personal goal now. My goal is _____. I plan to achieve this goal by_____.” “I would like to share my volunteering goal now. My goal is _____. I plan to achieve this goal by_____.”

7) Employment Documentation

Possible Student Dialogue:

One of my responsibilities this year is to ensure that I obtain the necessary employment documents that will be needed for future employment and services.

-Student reviews the list of documents

-Students discuss what they have obtained or confirmed and what their plan is for the remaining documents.

8) Time for Parent Questions/Comments

Possible Student Dialogue:

“Does anyone have any questions or comments about what I have shared?”