



SMUDGING PARENTAL/GUARDIAN CONSENT

Student Name: _____

Home Telephone: _____

Smudging is a cultural and spiritual practice common to many Indigenous peoples that involves the burning of traditional medicines such as sweetgrass, tobacco, sage, or cedar. A smudge may be used as a way for participants to reflect, center themselves, and feel grounded in the moment.

Smudging activities may occur periodically at the school as part of cultural learning and well-being practices. Smudging will take place in a designated area.

Participation in smudging is voluntary. Students may choose to participate or not be present during a smudge.

I, _____, being the parent/guardian of a student who is participating in smudging, hereby give permission that my child named above may participate.

Signature of Parent/Guardian

Date