



SMUDGING PARENTAL/GUARDIAN CONSENT

Student Name: _____

Home Telephone: _____

Smudging is a tradition, common to many Indigenous people, which involves the burning of one or more medicines gathered from the Earth. The most common medicines used in smudges are sweetgrass, tobacco, sage and cedar. Smudging is passed down from generation to generation. A smudge invites people to become mindful and center themselves. This allows people to remember, to connect and to be grounded in the event, task, or purpose at hand. It is considered a cleansing ceremony. Smudging is always voluntary, and everyone is welcome to join.

The Northwest School Division Board of Education supports the inclusion of Indigenous knowledge, customs, and practices in its schools for the purpose of creating an atmosphere that is affirming to Indigenous students and families and that promotes respect for, and understanding of, the Indigenous peoples of Saskatchewan among all students.

I, _____, being the parent/guardian of a student who is participating in smudging, hereby give permission that my child named above may participate.

Signature of Parent/Guardian

Date