

School Counselling Referral – Form B



Date: _____

School: _____

Student name: _____

Teacher: _____

DOB: _____

Grade: _____

Gender: _____

ROA: ☐ yes ☐ no IIP: ☐ yes ☐ no

Reason for referral:

☐ Anxiety ☐ Depression ☐ Trauma ☐ Family Changes ☐ Peer Relations ☐ Anger ☐ Substance use ☐ Other

Please describe concerns:

Contact info for each parent/guardian the school counsellor should contact directly:

Name		
Relationship to student		
Live with student FT, PT, or visitation		
Primary Phone number		
work number		
email		
Preferred method of communication		
When two people should be contacted directly, please indicate if conference calling or meeting together is viable or appropriate: ☐ yes ☐ no		

Student's Strengths and interests: _____

Previous diagnoses/mental health concerns: _____

Background info of student (family dynamics/history, disabilities, multiple previous residences, etc):

Other agencies/services involved with the student/family: _____

Family doctor, medications: _____

Attach an additional sheet if necessary.

School Counselling Parent Permission Form

I, the parent/guardian of _____ DOB _____
attending _____ School, hereby give permission for my
child to be seen by a Northwest School Division School Counsellor.

School counsellors focus on the personal, emotional, and social needs of students. The counsellor meets with students individually or in groups. Counselling happens during the school day (or as otherwise arranged) in private, and discretion is used; confidentiality is of paramount importance. In instances where in school behaviour or performance is a concern, the counsellor may collaborate with parents and school staff directly involved with the student. Information disclosed in session not related to ensuring the best interests of the student's academic and social emotional development will not be used in collaboration. When age-appropriate, counsellors will seek verbal consent from the student regarding what information can be used in collaboration. School counsellors may be required to assist with crisis intervention and response, and to give classroom presentations on a variety of topics. Unfortunately, school counsellors cannot provide counselling to adults or families, but they can assist families with accessing agencies and professionals if additional services are required.

- I understand I have the right to contact the school counsellor with any questions or concerns that I may have
- I have been informed and have an understanding of services to be provided

Signature: _____ Date: _____

(Parent/Guardian)

Exchange of Information

All information from this form will be kept confidential under the guidelines of the Freedom of Information and Protection of Privacy Act. The Northwest School Division Student Services Team may exchange any relevant information within their group regarding the services provided to your child. Please note: if there is any information that you do not want shared, please contact the school counsellor directly and every discretion will be made to keep it confidential. Counsellors may breach confidentiality in instances where they have reason to believe the client, another person, or the property of another person is at risk of harm, or when the student gives permission to the counsellor to share information.

****Please complete this form, seal in the provided envelope, and return to the school.**

If completing digitally, please email the form back to the Counsellor who sent it.