Battle River Track & Field Schedule

DAY 1:

4:30 HURDLES *Heats will be run as Timed Finals where possible.

80 m Heats BG, MG, JG, SG, BB @ 30"

80 m Finals BG, MG, JG, SG , BB @ 30"

100 m Heats MB @ 30" JB @ 33" SB @ 36"

100 m Finals SB @ 36" JB @ 33" MB @ 30"

~ 5:00 3000 m Grouped (depending on #'s)

DAY 2:

Order of the Races: SB, SG, JB, JG, MB, MG, BB, BG

Heats will be run as finals if possible.

We will combine races where possible.

START	TRACK EVENTS
9:30	Meet in gym – ALL athletes + coaches
9:45	200 m Heats
10:00	1500 m Timed Finals
11:00	100 m Heats
12:00	400 m Timed Finals
12:30	100 m Finals
1:30	800 m Timed Finals
2:00	200 m Finals
2:30-3:00	Relays 4 X 100 m per age class SB, SG, JB, JG, MB, MG, BB, BG
	4 X 400 m One Open Category…any age…any gender

FIELD EVENTS

	BB	MB	JB/SB	BG	MG	JG/SG
10:00	Javelin	High	Shot	Long	Discus	Triple
10:50	Triple	Javelin	High	Shot	Long	Discus
11:40	Discus	Triple	Javelin	High	Shot	Long
12:30	Long	Discus	Triple	Javelin	High	Shot
1:20	Shot	Long	Discus	Triple	Javelin	High
2:10	High	Shot	Long	Discus	Triple	Javelin

3:30-4:30 COACHES MEETING – HOST SCHOOL