

# HEALTHIER SCHOOL FUNDRAISING

## *Promoting Health While Raising School Funds*

### **Promote Your School**

- Make a cookbook using recipes from students, parents and school staff.
- Sell items with your school logo such as travel mugs, water bottles, license plate covers, key chains or lanyards.

### **Promote Arts**

- Sell students' art such as handcrafted plates and mugs, artwork or greeting cards.
- Work with the drama class and food studies class to put on a dinner theatre. Student and parent volunteers can sell tickets and serve tables.



**Committing to non-food or healthy food fundraising helps to send consistent, positive health messages, supports classroom lessons and promotes health to students and their families.**

### **Promote the Environment**

- Sell reusable gift bags, lunch bags or market bags.
- Sell flowers, bedding plants or hanging baskets.
- Organize a recycling program for bottles, batteries, old cell phones or printer cartridges.
- Hold a 'fresh from the farm,' local food fundraiser.

### **Promote Physical Activity**

- Plan fun activities for students and families such as bowling, ice-skating, mini golf, a scavenger hunt, or a walk.
- Organize a beach volleyball or 3 on 3 basketball tournament. Charge teams entry fees.



#### **Distributed by:**

Stacey Wiens, Public Health Nutritionist, Saskatchewan Health Authority  
North Battleford, Lloydminster, Meadow Lake and Surrounding Areas

*Written by the Public Health  
Nutritionists of Saskatchewan 2018*