### Bonjour, Hello, and Tansi

## Lakeview Elementary

February 2024







Left photo: Ribbon Skirt Day ; Center photo: \$5 or a Can a Month Campaign; Right photo: Ribbon Shirt Day

### Principal & Vice-Principal's Message

We hope this message finds you well! As we dive into another exciting month at Lakeview, we wanted to take a moment to connect with all of our incredible parents and guardians.

Firstly, we want to extend a heartfelt thank you for your continued support. Your involvement, whether it's attending parent-teacher conferences, volunteering for school events, or simply being there for your child, makes a significant difference in creating a positive and nurturing learning environment.

February is a month filled with love, and here at Lakeview, we love our students and families dearly. Our dedicated teachers and staff are committed to providing a safe and engaging space for your child to learn, grow, and flourish.

As we move forward, we encourage open communication. If you have any questions or concerns, please don't hesitate to reach out to your child's teacher or our office. We believe that a strong partnership between home and school is key to your child's success.

Thank you once again for entrusting us with the privilege of educating your child. Together, we can make this school year a memorable and enriching experience for each and every student.

### **Bedtime Tips**

Proper sleep is essential for optimal learning. Here are some tips for making bedtime easier!

- Establish a Consistent Bedtime Routine: Create a predictable routine involving activities like teeth brushing and bedtime stories to signal that it's time to wind down.
- Set a Regular Bedtime: Maintain a consistent bedtime to regulate the child's internal body clock and ensure they get enough quality sleep.
- Limit Screen Time Before Bed: Reduce exposure to screens at least 30 minutes before bedtime to avoid disrupting the production of the sleep hormone melatonin.
- Create a Calm Sleep Environment: Ensure the bedroom is a calm and comfortable space with dim lighting, a comfortable mattress, and soothing colors.
- Encourage Relaxation Techniques: Teach simple relaxation techniques like deep breathing or gentle stretches to help children relax and transition into a restful sleep.



Phone: (306) 236- 5810 Text: (306) 240- 4408 Email: le.school@nwsd.ca Facebook: Lakeview Elementary Webpage: http://www.nwsd.ca/school/lakeviewschool School Cash: www.schoolcashonline.com Address: 304– 8th Avenue East, Meadow Lake, SK S9X 1G9

Principal: Mrs. Amanda Pockrant

Vice-Principal: Mrs. Seleste Eftoda







### Special Notes & Coming Events...

### **Following Their Voices**

The goal of Following Their Voices is to empower educators to teach in a way that is culturally responsive and focused on building relationships. Teachers are continually setting and working towards personal and professional goals, with the support of the School-Based Facilitator. Some of our staff's current goals include:

- Authentically infusing First Nations, Metis, and Inuit content, perspectives, and ways of knowing within teaching and learning in the classroom.
- Providing students more opportunities to work together to generate questions, solve problems, seek answers, and engage in discussion to support student learning.
- Explicitly posting and intentionally communicating learning outcomes and success criteria for each lesson.

We love seeing our teachers collaborating and working together to be the best that they can be!



### Telemiracle

Helping hands will be sold for a loonie during the week of Feb. 1st - Feb. 14th. Students that buy helping hands will be entered for a draw to put a pie in the face of Mrs. Pockrant, Mrs. Eftoda,



along with other staff members at our assembly on February 28th.

### **Indigenous Storytelling Month**

Indigenous Storytelling Month- February

Why are we honoring Indigenous Storytelling Month at Lakeview in February?

- To help keep alive and share the stories passed down through generations by the First Nations, Metis, and Inuit peoples in Saskatchewan.
- To join in celebrating the rich history, language, and culture of the First Nations, Metis, and Inuit communities.
- To encourage friendships and understanding between different cultures by highlighting the importance of storytelling as a special cultural activity.

Students will have the opportunity to see the Rabbit and Bearpaws puppet show, participate in Indigenous Storytelling at Flying Dust, and learn about many Indigenous storytellers in their classrooms this month.



#### **SCC Meeting**

Our next SCC meeting is Tuesday, February 6th at 7:00 pm

### Valentine's Day Celebrations & Dress to Impress Spirit Day

Classroom Valentine's celebrations will occur during the afternoon of February 14th. Dress to Impress spirit day all day long!







### Special Notes & Coming Events...

### Kindness Week

Random Acts of Kindness Week will run from Sunday, February 12th through Friday, February 16th with Random Acts of Kindness day on Friday, February 16th.

# KINDNESS

### **Pink Shirt Day**

Lakeview will celebrate PINK Shirt Day on February 28th. Please wear a pink shirt to school that day to take a STAND against bullying. Please share your Pink Shirt photos to our Facebook account and tag #PinkShirtPromise.

### Second Step

We continue to learn about self control. Our morning announcements and classroom lessons, have been prompting students to notice their own feelings by paying attention to clues in their bodies, and reminding them to use their Second Step skills to calm down:



Stop—Use your signal Name your feeling Calm down: Breathe, count, use positive self-talk

These skills help students calm down strong emotions when faced with learning and social challenges, which helps them succeed academically and get along well with others.

Second Step lessons specifically teach about calming down strong emotions such as anger, disappointment, frustration, and anxiety.



### **February Break**

The dates for the February break are Monday, February 19th - Friday, February 23rd. School resumes Monday, February 26th.

### I Love to Read Month

Our committee has planned several exciting activities throughout the month to promote reading in a fun-filled way.

- Classroom Challenge: Once classrooms have met their determined reading challenge they can "Fill in Mrs. Pockrant" by heading down to the office to colour in a square. If all the squares are full Mrs. Pockrant will have to complete a challenge of the students' choice!
- Home Reading Challenge: Student challenge sheets full of fun activities related to reading will be sent home Feb. 5th. Please post to Edsby or tag Lakeview on Facebook!
- Library Fun: Each teacher will have their photo taken with their favourite childhood book. These books will be put on display and featured throughout the month.

### Fit Kids Club

Does your child like to exercise? This might be the club for them. Students can join Mrs. Oystrick, Mrs. Taylor, and Mrs. Andersen in the gym during lunch hour to participate in fun activities that will get their heart pumping. See calendar for exact dates.

### Lego Club

See calendar for dates and grades.

### Parking











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SUN	MON	TUE	WED	THU	FRI 🗖	SAT
28	29	30	31 Indigenous Storytelling Month	1 Helping Hands go on Sale \$1 (Feb. 1- 14)	2 Le jour de la marmotte (Groundhog Day)	3
4 French Second Language Education Week	5 Storytelling - Åtayohkēw (A- tie-oh-kew)	6 SCC Meeting @ 7:00 Fit Kids Gr.1	7 Gr. 4 Girls Lego Club	8 Gr. 4 Boys Lego Club	9 Le Saint-Valentin (Valentine's Day)	10
	12 Love -Sâķihitôwin (Sa-gih-it-oo-win)		14 Spirit Day-Wear Red/Dress to Impress Valentine's Day Gr. 3 Girls Lego Club	15 Gr. 3 Boys Lego Club	16 Hot Lunch Aimes-tu le chocolat? (Do you like chocolate?)	17
18	19	20 Winter I	21 Holiday (Feb	22 . 19- 23rd)	23	24
25	26 Story- Âcimowin - (A-cheem-o- win )	27 Fit Kids Gr.3	28 Pink Shirt Day Gr. 2 Girls Lego	29 Gr. 2 Boys Lego Club	1	2

Do more of what

Club