



Mom's Pantry

• CANADA'S FUNDRAISING SPECIALISTS •

3241 St. Mary's Road, Winnipeg, Manitoba, R2N 4B4
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facebook.com/momspantry @MomsPantry



FEATURING
JIM & LEONIE

Mom's Pantry Brand Ambassadors
Find their favourite products, inside!



QUALITY FOOD & BAKING PRODUCTS CLASSIC FUNDRAISING ORDER FORM

WE ARE RAISING FUNDS FOR :

Lashburn High School
Class Trips

THANK YOU FOR SUPPORTING OUR FUNDRAISING DRIVE



NEW WEBSITE UPDATE!

For a complete list of ingredients, nutritional information, and high quality product photos, please visit our website at momspantry.ca



NEW EASY ONLINE ORDERING!

Simply add items to your cart, and check out using the numbers below!

ORDER NUMBER:

277282

GROUP PASSCODE:

42209

Important - Please complete all fields - Please print clearly

SELLER #

Mom's Pantry office use only.

BUYER

last name

first name

daytime phone number

SELLER

last name

first name

daytime phone number

PAYMENT INFORMATION

GRAND TOTAL \$ _____

TOTAL NUMBER OF ITEMS ORDERED : _____

Taxes already included where applicable
GST 103406435

PAYMENT METHOD

Cash

Cheque

Credit Card



DO NOT WRITE YOUR CREDIT CARD
NUMBER ON THIS FORM.

See below for instructions.**

AUTHORIZATION #

* Please make cheques payable to your group or organization.

** For confidentiality, please call our office at 1-800-350-MOMS (6667) when paying with a credit card. We will provide you with your authorization number to enter on this form. You must still complete the order form and return it to your seller. If you are ordering online, do not submit this form or call in phone payment.

Please recycle unused forms.

Forms expire: 31 December 2018

v.1

QTY CODE PRICE TOTAL

MOM'S OWN GOURMET RUBS & MARINADES

Rub directly onto meat, or try mixing a few tablespoons of seasoning with ½ cup lemon juice and ½ cup olive oil. Use as a marinade, or brush onto steaks, pork chops, ribs, chicken, or shrimp skewers.

___ 0101	Greek (150g)	\$ 8.90
___ 0103	Honey Lime Chipotle (140g)	\$ 8.90
___ 0104	Souvlaki (70g)	\$ 8.90
___ 0107	Turkey Rub (85g)	\$ 8.90
The perfect way to season your favourite holiday bird! Mix 1 to 2 tbsp with half a cup of melted butter, and baste.		
___ 0108	Mango Chipotle (140g)	\$ 9.90
___ 0111	Mango Habanero (140g)	\$ 9.90
___ 0109	Whiskey Flavour Steak Rub (150g)	\$ 8.90
___ 0110	Kansas City Rib Rub (130g)	\$ 8.90
! ___ 0112	Maple Pepper Seasoning (90g)	\$ 7.90
! ___ 0113	Harissa Spice Blend (85g)	\$ 7.90
A fragrant Moroccan seasoning, adds zest to pasta, couscous, bean, and vegetable dishes.		

MOM'S OWN BLENDS & SEASONINGS

Mom's Own Blends & Seasonings are sure to add ease and delight to your cooking experience!

___ 0201	Cajun Spice (140g)	\$ 6.90
___ 0202	Crushed Chillies (55g)	\$ 5.90
___ 0203	Garlic Plus (100g)	\$ 9.90
A garlic infused multi-purpose seasoning!		
___ 0204	Hamburger Seasoning (130g)	\$ 6.90
___ 0205	Italian Seasoning (45g)	\$ 5.90
___ 0206	Lemon Pepper (no salt) (65g)	\$ 8.90
___ 0207	Mom's Own No Salt Seasoning (110g)	\$ 8.90
A delicious blend of spices and dehydrated vegetables, a perfect topping for any dish.		
___ 0208	Montreal Chicken Seasoning (150g)	\$ 6.90
___ 0209	Montreal Steak Spice (150g)	\$ 7.90
___ 0210	Pizza Spice (90g)	\$ 6.90
___ 0211	Roasted Garlic & Red Pepper (130g)	\$ 8.90
___ 0212	Seasoning Salt (no MSG) (115g)	\$ 6.90
___ 0213	Spaghetti Spice (80g)	\$ 6.90
___ 0214	Taco Meat Seasoning (115g)	\$ 7.90
___ 0215	Chipotle Fajita Seasoning (120g)	\$ 8.90
___ 0217	Potato Seasoning (130g)	\$ 7.90

MOM'S OWN GOURMET SEA SALTS

Sea salt is a natural, gourmet substitute for regular, refined table salt. These delicious coarse sea salt blends are sure to inspire new cooking ideas!

___ 0301	Coarse Sea Salt (225g)	\$ 6.90
___ 0302	Roasted Garlic & Sea Salt (120g)	\$ 8.90
___ 0303	Lemon Dill Sea Salt (120g)	\$ 7.90
___ 0304	Mediterranean Sea Salt (100g)	\$ 7.90
___ 0305	Red Hot Sea Salt (110g)	\$ 7.90

COLUMN TOTAL

QTY CODE PRICE TOTAL

TRADITIONAL SPICES

Mom's spices will enhance the flavour, colour, and aroma of your cuisine. Top quality, excellent value.

___ 0401	Allspice, ground (70g)	\$ 5.90
___ 0403	Basil (35g)	\$ 4.90
___ 0404	Bay Leaves, hand picked (10g)	\$ 4.90
___ 0405	Cayenne Pepper (60g)	\$ 5.90
___ 0406	Celery Salt (115g)	\$ 5.50
___ 0407	Chili Powder, Mexican (95g)	\$ 6.90
___ 0408	Chinese Five Spice (60g)	\$ 6.90
___ 0409	Cinnamon, ground (80g)	\$ 6.90
___ 0410	Cinnamon Sticks 3" (80g)	\$ 6.90
___ 0411	Cloves, ground (60g)	\$ 8.90
___ 0412	Dill Weed (25g)	\$ 5.90
___ 0413	Garlic Powder, granules (115g)	\$ 6.90
___ 0414	Ginger, ground (50g)	\$ 5.90
___ 0415	Mustard Powder (65g)	\$ 5.90
___ 0416	Nutmeg, ground (70g)	\$ 8.90
___ 0417	Onion Flakes (80g)	\$ 5.90
___ 0418	Onion Powder (100g)	\$ 5.90
___ 0419	Oregano (25g)	\$ 5.90
___ 0420	Paprika, Hungarian (70g)	\$ 6.90
___ 0421	Parsley Flakes (25g)	\$ 4.90
___ 0422	Pepper, black, ground (80g)	\$ 6.90
___ 0423	Pepper, black, whole (90g)	\$ 6.90
___ 0424	Assorted Peppercorns (90g)	\$ 9.90
(black, green, pink, white)		
___ 0425	Poultry Seasoning (60g)	\$ 5.90
___ 0426	Rosemary, whole (35g)	\$ 4.90
___ 0427	Sage, ground (60g)	\$ 5.90
___ 0428	Thyme, ground (60g)	\$ 4.90



TIN & GUSSET PACKAGING

Our dry products now come packaged in resealable tins & stand-up pouches. More user friendly, more conveniently sized, and better for your kitchen!

INDIAN SPICES

Add the taste of India to your cuisine!

___ 0501	Coriander, ground (75g)	\$ 5.90
___ 0502	Cumin Seed, ground (95g)	\$ 6.90
___ 0503	Curry Powder, Madras (110g)	\$ 6.90
___ 0504	Turmeric, ground (110g)	\$ 6.90
___ 0505	Garam Masala Blend (105g)	\$ 6.90

COLUMN TOTAL

QTY CODE PRICE TOTAL

MOM'S OWN DIP MIXES

No preservatives. No added MSG. Just mix with sour cream, cream cheese, or mayonnaise, and enjoy!

___ 0601	Honey Dill Dip (250g)	\$ 10.90
A Manitoba favourite. Now available as a delicious dry mix.		
___ 0602	Chive & Garlic Dip (110g)	\$ 9.90
___ 0603	Dill Dip (130g)	\$ 9.90
___ 0604	Mango Curry Dip (100g)	\$ 9.90
___ 0606	Party Time Dip (130g)	\$ 9.90
___ 0607	Roasted Red Pepper Dip (120g)	\$ 9.90
___ 0609	Spinach Dip (75g)	\$ 9.90
___ 0610	Guacamole Dip (110g)	\$ 9.90
___ 0611	Sriracha Dip (120g)	\$ 9.90
___ 0612	Sweet Chili Dip (125g)	\$ 9.90

MOM'S OWN POPPING CORN & POPCORN SEASONINGS

In plastic shaker top containers - an excellent topper on popcorn, potatoes, chips, or vegetables.

___ 1105	Mom's Own Popping Corn (600g)	\$ 6.90
___ 0701	White Cheddar (45g)	\$ 5.90
___ 0702	Salt & Vinegar (80g)	\$ 5.90
___ 0703	Ranch (60g)	\$ 5.90
___ 0704	Double Dill (75g)	\$ 5.90
___ 0705	Kettle Corn (65g)	\$ 5.90
___ 0707	Super Ketchup (90g)	\$ 5.90
___ 0708	Butter Salt (65g)	\$ 6.90

BAKING SUPPLIES

All your classic baking essentials, packaged in just the right size!

___ 0801	Angel Flake Coconut (300g)	\$ 9.90
___ 0802	Baking Powder, double-action (450g)	\$ 7.90
___ 0803	Baking Soda (450g)	\$ 4.90
___ 0804	Corn Starch (400g)	\$ 5.90
___ 0806	Pure Dutch Cocoa (250g)	\$ 10.90
___ 0807	Cream of Tartar (100g)	\$ 5.90

DRIED FRUITS

Great for baking, snacking, or both!

___ 1401	Banana Chips (200g)	\$ 5.90
___ 1402	Cranberries (250g)	\$ 6.90
___ 1403	Dates, pitted (300g)	\$ 6.90
___ 1404	Raisins, seedless (325g)	\$ 7.90

LEGEND

- ! New Product
- GF Guaranteed Gluten Free
- PF Guaranteed Peanut Free
- CU Certified Kosher
- CL Clean Label Product

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QTY	CODE	PRICE	TOTAL
40% MOM'S OWN SPREADS			
The #1 BEST SELLER, our exclusive garlic spread recipe. Cholesterol free, low in saturated fat, and completely trans fat free! Cinnamon Spread is back by popular demand!			
_____	1201	Garlic Spread (440g)	\$ 6.90
_____	1202	Cinnamon Spread (440g)	\$ 6.90
_____	1203	Combo Pack (440g x 2)	\$ 13.00
		1 x Garlic Spread	
		1 x Cinnamon Spread	

QTY	CODE	PRICE	TOTAL
30% PREMIUM READY-TO-BAKE TREATS			
Delicious mini-strudel treats, Made with our new, 100% butter recipe!			
CL	PF	_____ 1704	Jim & Leonie's Mini Baskets (24 x 45g) \$ 30.90
			6 x maple mini basket
			6 x cream cheese mini basket
			6 x raspberry mini basket
			6 x salted caramel mini basket

QTY	CODE	PRICE	TOTAL
20% Absolutely decadent, these massive savoury danishes are the best of the best!			
CL	PF	_____ 1707	Mom's Own Savoury Bistros (12 x 110g) \$ 32.90
			3 x margherita bistro
			3 x leek & parmesan bistro
			3 x spinach & feta bistro
			3 x egg & veggie bistro

QTY	CODE	PRICE	TOTAL
40% Scrumptious fruit filling and cream cheese, enveloped in flaky puff pastry. Back to our original recipe!			
_____	1701	Assorted Fruit Sticks (24 x 87g)	\$ 33.90
			8 x strawberry & cream cheese
			8 x blueberry & cream cheese
			8 x raspberry & cream cheese
From the freezer to the oven, ready in 20 minutes. Light and flaky, our strudels have the taste of homemade goodness!			
_____	1702	Apple Strudels (24 x 95g)	\$ 29.90
_____	1703	Assorted Strudels (24 x 95g)	\$ 29.90
			6 x apple strudel
			6 x lemon strudel
			6 x cherry strudel
			6 x blueberry strudel

QTY	CODE	PRICE	TOTAL
30% MOM'S OWN DINNER ROLLS			
Individually frozen, and partially cooked. Just choose your desired amount, and bake. No more proofing!			
PF	_____ 2004	Assorted Crusty Rolls, pre-baked (24 per case)	\$ 22.90
			7 x white (40g each)
			7 x whole wheat (40g each)
			5 x rye (50g each)
			5 x pumpernickel (50g each)
40%	_____ 2003	Buttery Flake Rolls (36 x 45g)	\$ 26.90
			Our traditional recipe. Proof and bake. Melt in your mouth, layered buttery goodness.
!	CL	_____ 2006	Mini French Baguettes (18 x 68g) \$ 19.90
			Perfect for mini sandwiches or bread sticks.

QTY	CODE	PRICE	TOTAL
30% MOM'S FAMOUS BAKERY			
Our most popular croissant! Made in the authentic French style with 100% real butter. Pre-proofed and pre-glazed, from your freezer to your oven in 30 minutes!			
CL	_____ 2400	Perfect Butter Croissants (24 x 78g)	\$ 38.90
Still like our traditional proof and bake croissant? Our classic margarine blend recipe proofs in 4 to 5 hours.			
PF	_____ 2401	Proof & Bake Croissants (24 x 71g)	\$ 27.90
Complete our famous cinnamon rolls, below, with a delicious frosting made with real cream cheese.			
_____	2402	Cinnamon Rolls (24 x 71g)	\$ 27.90
_____	1305	Cream Cheese Icing (907g plastic tube)	\$ 14.90

QTY	CODE	PRICE	TOTAL
20% These massive filled croissants are sure to be a hit with your family. Imported directly from France!			
!	_____ 2405	Gourmet Chocolate Hazelnut Croissants (12 x 90g)	\$ 30.90
Our snack size multigrain croissants pack all the fresh flaky lightness of our Perfect Butter Croissant, with all the added flavour of delicious prairie grains.			
!	_____ 2404	Mini Multigrain Croissants (20 x 45.4g)	\$ 26.90
Can't decide which croissant to go with? Try them all with this brand new assorted pack!			
!	_____ 2406	Assorted Croissants (20 x various sizes)	\$ 36.90
			6 x Perfect Butter Croissant (78g)
			6 x Gourmet Chocolate Hazelnut Croissant (90g)
			8 x Mini Multigrain Croissant (45.4g)

QTY	CODE	PRICE	TOTAL
30% MOM'S OWN TART & PIE SHELLS			
Both tart shells and pie shells come unbaked and unsweetened. Perfect for your holiday baking needs.			
CDR	_____ 1900	1" Rimless Shells (100 x 5.5g)	\$ 28.90
Our unique, bite-sized, rimless shell. Perfect for canapés and desserts, alike.			
CDR	_____ 1901	2" Tart Shells (80 x 16g)	\$ 28.90
CDR	_____ 1902	3" Tart Shells (90 x 19g)	\$ 29.90
CDR	_____ 1903	9" Pie Shells (15 x 170g)	\$ 37.90
CDR	_____ 1904	9" Pie Lids (15 x 142g)	\$ 26.90
Try our 5" shell & lid combo, Perfect for meat pot pies, or mini tourtières!			
CDR	_____ 1905	5" Pie Shell & Lid Combo Pack (24 of each)	\$ 39.90
Complement any size tart shell with our customer favourite butter tart filling mix!			
_____	1351	Butter Tart Filling Mix (500g)	\$ 12.90
			An easy to use, one-step mix. Simply add hot water, stir, and fill Mom's Own Tart Shells.

QTY	CODE	PRICE	TOTAL
MOM'S OWN OLD-FASHIONED COOKIE DOUGH & MUFFIN BATTER			
Back to our original recipes, just like you remember. Now completely trans fat free!			
40%	<i>Cookies</i>		
			Scoop & Bake. 3lb tubs. Can be refrozen.
CDR	_____ 1501	Chocolate Chunk	\$ 18.90
CDR	_____ 1502	White Chocolate Macadamia Nut	\$ 18.90
CDR	_____ 1503	Rainbow Chocolate (M&M's)	\$ 18.90
CDR	_____ 1506	Double Chocolate Chunk	\$ 18.90
PF	_____ 1507	Shortbread	\$ 19.90
PF	_____ 1508	Ginger Snap	\$ 19.90
CDR	_____ 1509	Cranberry White Chocolate	\$ 18.90
!	CDR	_____ 1514	Honey Oatmeal Raisin \$ 18.90
40%	<i>Muffins</i>		
			Scoop & Bake. 3lb tubs. Can be refrozen.
CDR	_____ 1601	Blueberry Passion	\$ 18.90
CDR	_____ 1602	Banana Dream	\$ 18.90
CDR	_____ 1603	California Carrot	\$ 18.90
CDR	_____ 1604	Lemon Poppyseed	\$ 18.90

QTY	CODE	PRICE	TOTAL
30% MOM'S OLDE TEA SHOPPE			
Now featuring the Bigelow tea line & Malcolm's hot chocolate.			
28 tea bags per box except the variety pack 30% more tea than before, at a lower price!			
!	GF	_____ 2117	Assorted Green Tea Variety Pack (64 tea bags) \$ 26.90
			8 x green tea 8 x earl grey green tea
			8 x decaffe green tea 8 x green tea w/ lemon
			8 x green tea w/ mint 8 x constant comment
			8 x green tea w/mango 8 x green tea w/ peach
!	GF	_____ 2118	English Breakfast \$ 9.90
			Start your day with a rich bold robust cup of tea.
!	GF	_____ 2119	Lemon Lift \$ 9.90
			Tea and Lemon, the perfect pair!
!	GF	_____ 2120	Earl Grey \$ 9.90
			We are adamant about using only the best bergamot oil. Sourced from the same garden in Calabria, Italy year after year.
!	GF	_____ 2121	Peppermint \$ 9.90
			Peppermint is known to help calm the stomach and is good for overall digestion.
!	GF	_____ 2122	Green Tea \$ 9.90
			What makes ours so special is hand-picked from high elevation gardens.
!	GF	_____ 2123	Cozy Chamomile \$ 9.90
			Chamomile is good for you, both soothing and relaxing. No better way to wind down.
!	GF	_____ 2124	Sweet Dreams \$ 9.90
			Our blend of chamomile and mint leaves will calm your nerves and soothe your soul.
Check out our brand new Premium Hot Chocolate, below!			
!	CDR	_____ 2116	Malcolm's Hot Chocolate (400g) \$ 9.90
			Delicious Premium Hot Chocolate. Milk Chocolate flavour, made with real Dutch cocoa!

FAST & EASY ONLINE ORDERING AT MOMSPANTRY.CA

Have you wondered what our products look like? Do you have a question about an ingredient. All of this information, and more, is available online. You can place your order online using the codes on the front of this order form.

www.momspantry.ca



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QTY	CODE	PRICE	TOTAL
30% MOM'S OWN POUTINERIE			
Make your own poutine from scratch with these authentic and delicious ingredients!			
___	1010	Montreal Poutine Sauce (200g)	\$ 7.90
___	3001	White Cheddar Cheese Curds (300g)	\$ 10.90
___	3002	Straight Cut Skin-On French Fries (2.27 kg)	\$ 9.90

30% PIZZA SHOP			
Just add your favourite toppings to our frozen crusts, and bake for 10-15 minutes. New and improved recipe!			
___	2901	Mom's Own Pizza Crusts (8 x 12")	\$ 33.90
<i>Want to get a little more creative? Try rolling your own crust with our brand new dough balls. Or forget the pizza, and create something entirely original from scratch!</i>			
___	2900	Dough Balls (4 x 450g)	\$ 14.90
<i>Looking for something even easier? Our superb mini-calzone style pizza snack. Just pop them in the microwave and they're done!</i>			
___	2902	Panzerotti Pizza Snacks (3 x 935g) Pepperoni & Cheese About 11 snacks per 935g bags	\$ 29.90

20% <i>On a restricted diet? Our brand new gluten free pizza crusts come on their own individual baking sheets to prevent cross contamination.</i>			
!	GF	2903	Gluten Free Pizza Crusts (4 x 12") \$ 29.90

20% SPRING ROLLS & SAMOSAS			
Approximately 50 spring rolls (1.1 kg per case)			
___	2801	Mini Veggie Spring Rolls	\$ 35.90
___	2802	Mini Chicken Spring Rolls	\$ 35.90

30% <i>Our samosas are authentic and handmade with the highest quality ingredients. Comes with tamarind dipping sauce.</i>			
___	2803	Samosas, vegetable (12 x 65g)	\$ 20.90

30% MOM'S OWN PIEROGIES			
Approximately 200 to 220 pierogies per case (6 x 1kg) (\$1.79 to \$1.95 per dozen). Homemade recipe. The thinnest, softest dough in the industry.			
___	2601	Potato & Cheddar Cheese	\$ 32.90
!	2602	Potato & Cheddar & Bacon Now with 100% REAL bacon!	\$ 34.90
___	2603	Assorted Pierogies (3 bags of each variety above)	\$ 34.90

20% MOM'S OWN PREPARED MEATS			
Oven-ready meat products, quick and easy.			
___	2704	Chicken Tender Strips (2kg, breaded)	\$ 39.90
___	2705	Italian Meatballs (5lb) ½ oz fully cooked meatballs, Approximately 160 per case	\$ 39.90

QTY	CODE	PRICE	TOTAL
20% MOM'S OWN FRUITS & VEGGIES			
Our gourmet fresh fruit and vegetable mixes. No added ingredients or preservatives. Individually flash frozen for maximum freshness! (All mixes packaged in 1 kg bags)			
___	2204	Mom's Fruity Mix (1kg) Banana, strawberries, blueberries. (Formerly Smoothie Mix)	\$ 12.90
___	2205	Antioxidant Blend (1kg) Blueberries, raspberries, cherries, strawberries, cranberries, blackberries, saskatoon berries.	\$ 17.90
!	2211	Fiesta Fruit Blend (1kg) Blackberries, strawberries, peaches.	\$ 12.90

30%			
___	2206	Teriyaki Stir-Fry Mix Whole green beans, broccoli florets, onions, sugar snap peas, red peppers.	\$ 11.90
___	2207	Fajita Mix Onion strips, red, green, and yellow pepper strips.	\$ 9.90
!	2210	Stir-Fry Supreme Broccoli, sugar snap peas, baby corn, red peppers, yellow peppers, onions.	\$ 12.90

30% MOM'S OWN SUPERFOODS CL			
Delightfully natural & healthy superfoods.			
___	2501	Hulled Hemp Seeds (190g)	\$ 12.90
___	2502	Organic Black Chia Seeds (300g)	\$ 12.90
___	2503	Organic Quinoa (450g)	\$ 9.90
___	2504	Tri-colour Organic Quinoa (450g)	\$ 11.90
___	2509	Shelled Roasted Almonds (300g)	\$ 10.90
___	2510	Flax Seed, whole (450g)	\$ 5.90

30% MOM'S OWN SNACK MIXES CL			
An old favourite, and some new delights! Delicious trail mixes with no peanuts in sight.			
___	1801	Santiago Mix (200g) Raisins, roasted sunflower seeds, roasted cashews, pumpkin seeds, roasted almonds.	\$ 9.90
___	1802	Organic Health Mix (150g) Raisins, cranberries, coconut, cashews, & almonds. (all organic ingredients)	\$ 9.90

30% MOM'S OWN CLING FILM			
In a class of its own, at 12" x 1000'.			
___	5001	Cling Film Wrap	\$ 26.90

YOUR PURCHASES MATTER!



Look for this symbol to see how much your group benefits from each purchase!

COLUMN TOTAL

QTY	CODE	PRICE	TOTAL
40% TRADITIONAL GRAVY & SOUP BASES			
Easy to make, old-fashioned homemade quality. Just add water & heat for a delicious soup or gravy.			

<i>Traditional Soups & Gravies</i>			
___	1001	Beef Gravy Base (450g)	\$ 8.90
___	1002	Chicken Gravy Base (450g)	\$ 9.90
___	1003	Beef Soup Base (450g)	\$ 8.50
___	1004	Beef Soup Base, no added MSG (450g)	\$ 9.50
___	1005	Chicken Soup Base (450g)	\$ 8.50
___	1006	Chicken Soup Base, no added MSG (450g)	\$ 9.50

<i>Gourmet Soups</i>			
___	1007	French Onion Soup Base (200g)	\$ 9.90
___	1009	Cream of Potato Soup Base (225g)	\$ 9.90

40% GLUTEN FREE & SODIUM REDUCED INSTANT MIXES AND BASES			
We cut the salt, not the taste. No gluten, no added MSG, no trans fat, no artificial colours or flavours.			
GF	___	0902	Poultry Gravy Base (200g) \$ 9.90
GF	___	0903	Brown Gravy Base (200g) \$ 9.90
GF	___	0904	Chicken Soup Base (200g) \$ 9.90
GF	___	0905	Beef Soup Base (200g) \$ 9.90

30% MOM'S OWN DINNER IDEAS			
No category can contain these delicious selections!			

 <i>Famous Idaho Grown potatoes!</i>			
GF	___	0951	Idahoan Scalloped Potatoes (577g) \$ 15.90
A generous family sized serving of a dinner classic! Guaranteed trans fat and gluten free.			
GF	___	0952	Red Bean Chili Mix (380g) \$ 9.90
Just mix with boiling water, and simmer! Add your own extra veggies, and/or meat to create your own delicious recipe. Serves approximately six people.			
!	___	0953	Mom's Cheese Sauce (220g) \$ 9.90
100% real cheese sauce, mix with water and butter and add to any noodle/pasta dish.			

40% DRIED GRAINS, BEANS, & LEGUMES CL			
Combine these ingredients with Mom's Own Chicken or Beef Soup Base for a rich and hearty bowl of your favourite soup.			
___	1101	Pearl Barley (600g)	\$ 6.90
___	1102	Green Split Peas (600g)	\$ 4.90
___	1104	Vegetable Flakes (120g)	\$ 5.90
!	___	1103	Organic 15 Bean & Lentil Soup Mix (600g) \$ 13.90

ALLERGY ALERT

Our suppliers are extremely careful in the production of our products.

To help lower risk to your family, we no longer carry any products with peanut ingredients.

However, unless otherwise noted, please be aware that our products may contain trace amounts of peanuts, nuts/tree nuts, sesame seeds, milk, egg, and/or wheat. Please use your discretion when ordering.

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